

The Seven Steps to Earthquake Safety

Prepare

1. Secure Your Space



Secure your space by identifying hazards and securing moveable items.

2. Plan to be Safe



Plan to be safe by creating a disaster plan and deciding how you will communicate in an emergency.

3. Organize Disaster Supplies



Organize disaster supplies in convenient locations.

4. Minimize Financial Hardship



Minimize financial hardship by organizing important documents, strengthening your property, and considering insurance.

Survive

5. Drop, Cover, and Hold On



Drop, cover, and hold on when the earth shakes.

6. Improve Safety



Improve safety after earthquakes by evacuating if necessary, helping the injured, and preventing further damage.

Recover

7. Reconnect and Restore



Restore daily life by reconnecting with others, repairing damage, and rebuilding community.